

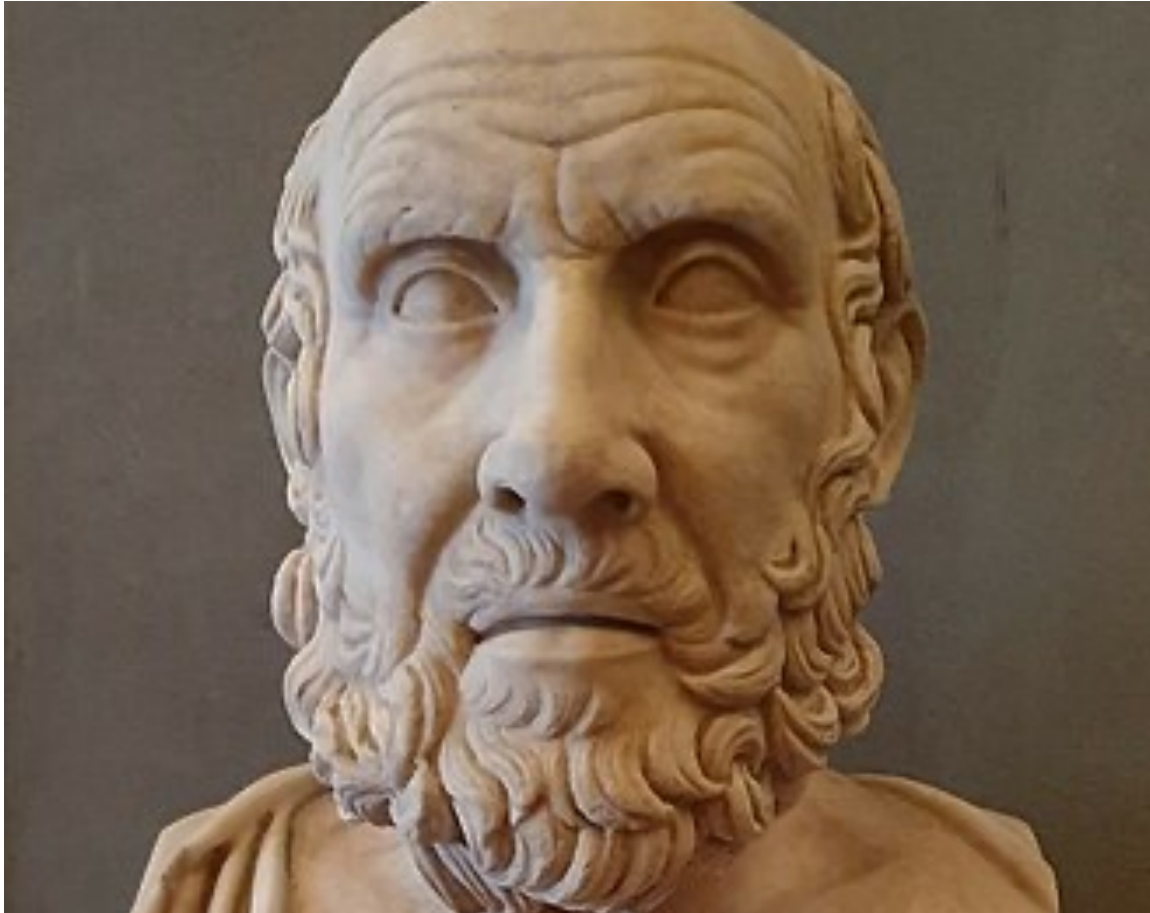
ÄRZTINNEN
UND ÄRZTE FÜR
UMWELTSCHUTZ
MEDECINS EN FAVEUR DE
L'ENVIRONNEMENT
MEDICI PER
L'AMBIENTE



Anpassung ans
Klima:
Leben mit der Krise

Adaptation au
climat: vivre avec la
crise?

Forum Medizin und Umwelt
15. Mai 2025



Prevention is better than cure

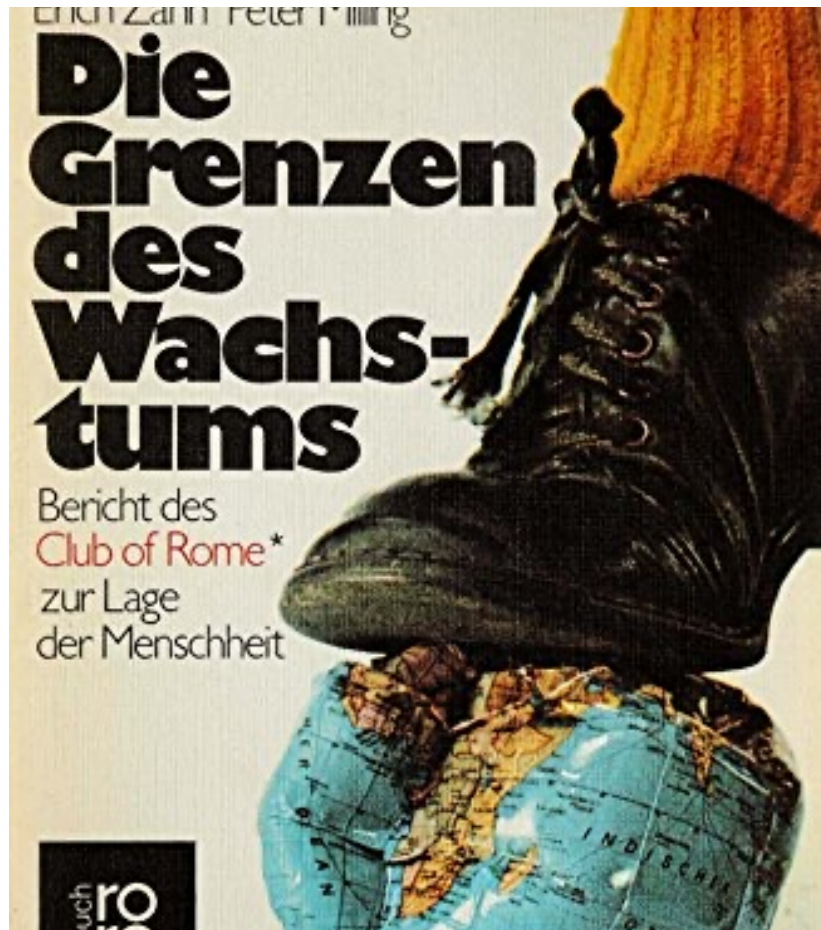
**If you prevent a
disease, you don't even
have to ask about
methods of curing it.**

Hippocrates, around 400 BC.

Planetary Health

Climate protection = prevention

- Primary prevention: Prevention of the disease
- Secondary prevention: Early detection and treatment of the disease
- Tertiary prevention: Treatment of a chronic disease



Primary Prevention

- 1972
- The limits to Growth
- Club of Rome
- Meadows, Randers et al.



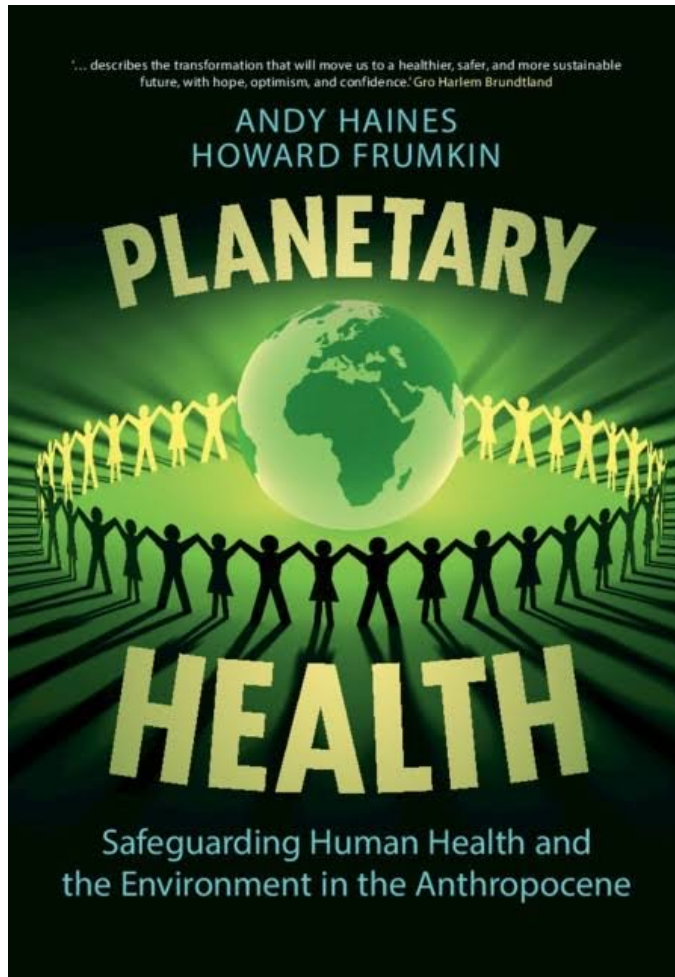
Secondary Prevention

- Paris Agreement adopted by 195 states on December 12, 2015:
- Limit global warming to 1.5 degrees Celsius

Avoiding the
Unmanageable

Climate
adaptation

Managing the
Unavoidable



Tertiary Prevention

«Many of the dramatic changes across the planet during the Anthropocene cannot be reversed within our lifespans, so it becomes imperative to adapt to change as far as possible.»

Climate Crisis

Adaptation

Adaptation to the actual or expected climate and its effects

Resilienz

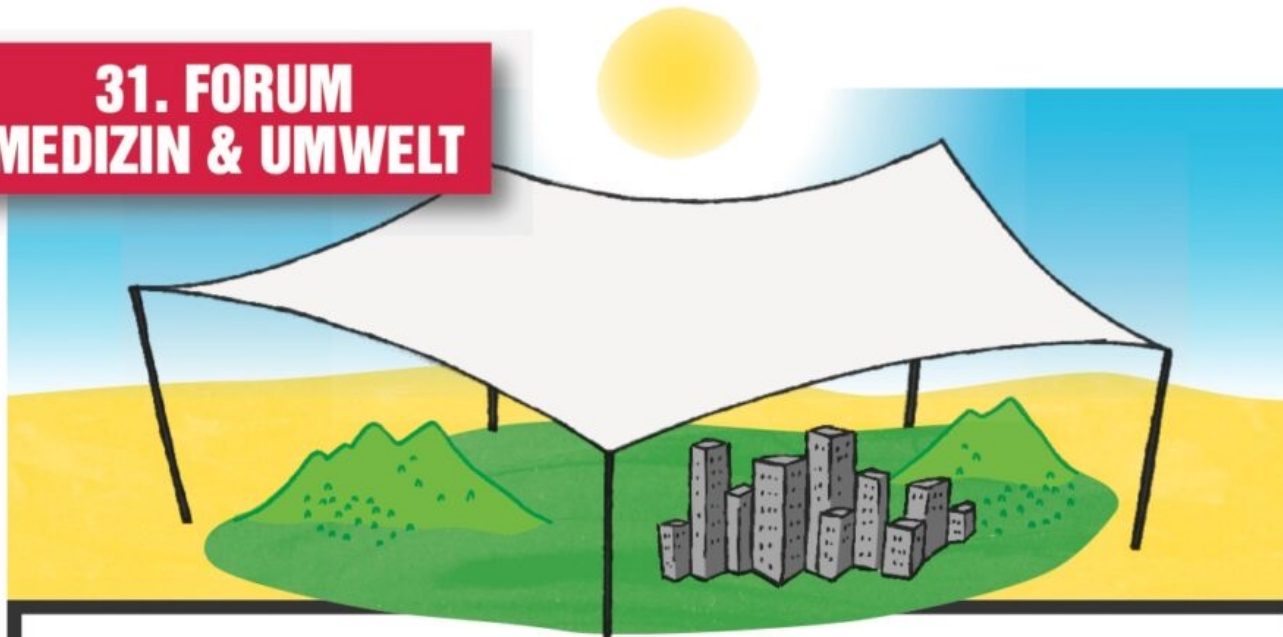
The ability of a system to respond to stresses, shocks, or perturbations while preserving its identity and function



«Hoping for the best, prepared for the worst, and unsurprised by anything in between».

Maya Angelou

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MEDIZIN & UMWELT**



Anpassung ans Klima:
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Eine AefU-Tagung.

15. Mai 2025 · Kl. Konzertsaal Solothurn

Anpassung ans Klima: Leben mit der Krise? AefU-Tagung
15.5.25

Programm